

This year at Charlottesville Catholic School we will be offering a wide variety of after-school clubs. Below you will find some information on the offerings. Each CCS staff-led club will cost \$175.00 per session. The cost will go towards supplies and compensation for teachers. Please read about the clubs below and contact the instructor if you are interested in signing up or have further questions. Payment for the classes will be through FACTS.

Scrapbooking - Mrs. Draper (j.draper@cvillecatholic.org)

Grades 4 - 8

Tuesdays from September 12 - November 14

Students will bring 30 - 40 pictures that they would like to scrapbook about. Other materials and directions will be provided. Students will use the time to organize and put together a scrapbook.

Tap Dance - Mrs. Mitchell (c.mitchell@cvillecatholic.org)

Grades K - 2 on Mondays from 3:30 - 4:40

Grades 3 - 5 on Wednesdays from 3:30 - 4:30

Week of September 11 - November 15

Tap class is all about making music with your feet! Tap classes stress the basics of tap while also teaching musicality and rhythm. Dancers will develop strength of the knees and ankles, coordination, and proper tap technique.

Students will need tap shoes for the class.

Less Stress Club - Mrs. Samley (d.samley@cvillecatholic.org)

Grades 4 - 8

Mondays 3:45 - 4:45

September 11, 18, 25

October 16, 23, 30

November 6, 13, 27

December 4

This club will focus on helping students identify the manifestations of stress they may be feeling and providing ways in which they can reduce that stress. Activities will include guided visualization, nature walks, deep breathing exercises, stretching/relaxation to calming music, mandala drawing & coloring, and Go Noodle and other movement activities designed to reduce stress. Students will be provided with a yoga mat, journal, and mandala drawing materials.

Drama Club - Mrs. Shank (c.shank@cvillecatholic.org)

Grades 3 - 5

Thursdays 3:30 - 4:30 (may go a little later as the play approaches)

September 14, 21, 28

October 5, 12, 19, 26

November 2, 16, 30

Students will rehearse for the play *Pan*, which will be performed before Thanksgiving Break.

Pan is an adaptation of the story *Peter Pan* by J.M. Barrie. It will be a fun-filled adventure with

Peter, Wendy, and the Darling family plus plenty of adventure with the Lost Boys, Indians, and the fearsome Pirates. See Hook get eaten by the Crocodile and the capture of the Indian Princess Tiger Lily. Hear Tinkerbell warn Peter about the capture of Wendy and the Lost Boys and the return of the Darling Family to their home.